



GLUTEN-FREE AWARENESS MENU

We have prepared this Gluten-free Awareness Menu with the most current ingredient information from our suppliers. However, our suppliers and kitchen are not gluten-free environments even though all ingredients in these products are naturally gluten-free. Therefore, if you are highly allergic, please proceed with caution even when using this menu.

MEATS

Check Menu for Availability

Baked Ham

Homemade Chicken Salad

Stew Beef over Rice

Turkey (without Dressing or Gravy)

Homemade Tuna Salad

Grilled Chicken Fillet

VEGETABLES

Available Everyday

Cole Slaw

Creamed Corn

Creamed Potatoes (without Gravy)

Green Beans

Potato Salad

Rice (without Gravy)

Sweet Potato Soufflé

Tossed Salad

Turnip Greens

Check Menu for Availability

Black-eyed Peas

Buttered Carrots

Steamed Cabbage

Ham, Cheese & Potato Casserole

Cucumber Onion Salad

Field Peas

Green Lima Beans

Fruit Salad

Navy Beans

Okra and Tomatoes

Pinto Beans

Steamed Squash

